



Saturday 29th Sep 2018
9:45 AM – 1:30 PM
International Attachment Network
1 Fairbridge Road, London N19
3EW



John Bowlby as a secure base

Speaker: Arturo Ezquerro*

A **conjoint project**, part of a developing collaboration between the **Bowlby Centre (BC)**, the **Institute of Group Analysis (IGA)**, **Supporting Relationships and Families (SRF)** and the **International Attachment Network (IAN)**. Our goal is **to promote attachment-based thinking and practice**, as widely as possible.

The workshop will be chaired by **Desmond King**, of the Executive Committee of IAN. The large group will be convened by **Desmond King** and **Maria Canete** (IGA group analyst).

Some of us, loyal to attachment principles, might imagine to be protected from the infighting, rivalries and ruptures that affect psychotherapists, counsellors and mental health professionals by and large. This wishful-thinking may in turn lead to disappointment...

Based on the speaker's experience of supervision and mentorship with John Bowlby, this workshop will aim to offer opportunities to explore, and reflect upon, possible ways of forming an 'attachment' with Bowlby; so as to perceive him and his legacy as a compass and a secure base, from which to navigate through the troubled waters of our caring professions and institutions.

Bibliography:

Ezquerro, A. (2015). 'John Bowlby: the timeless supervisor'. *Attachment: new directions in psychotherapy and relational psychoanalysis*, 9(2) 165-175.

Ezquerro, A. (2017). *Encounters with John Bowlby: Tales of Attachment*. London and New York: Routledge.

CPD certificates of this workshop will be provided.

Copies of the book *Encounters with John Bowlby* will be available, signed by the author, at a discounted price.

***Arturo Ezquerro** (consultant psychiatrist, psychoanalytic psychotherapist, and group analyst) is senior lecturer, assessor and trainer at the IGA, and former Head of NHS Medical Psychotherapy Services in Brent, London. He had John Bowlby as his supervisor and mentor at the Tavistock Clinic (1984-1990), has published over 60 articles and book chapters in five languages, and has authored the books *Relatos de Apego* (Psimatica) and *Encounters with John Bowlby: Tales of Attachment* (Routledge).

PROGRAMME

- 09:45 AM** Registration and coffee
- 10:00 AM** Welcome (**Desmond King**).
Presentation "**John Bowlby as a secure Base**" (Arturo Ezquerro)
- 11:15 AM** Coffee break
- 11:30 AM** Large Group convened by **Desmond King** and **Maria Canete**
- 01:30 PM** Post-workshop networking
- 01:50 PM** End

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FEES

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