



Seminar: Working with Adult Attachment Styles

Date: 30th September 2017

Time: 11.00 am - 3.00 pm

Registration: 10.30 am

Venue: York Gardens Library 34 Lavender Road SW11 2UG

Facilitator: Geraldine Thomas

It is usual to think of attachment in terms of young children and carers. It is important to pay attention to the attachment styles of parents and carers since these influence their reactions to the children in their care. This seminar will explore ways in which social and psychotherapeutic work can be enhanced by being aware of the specific characteristics of adult attachment styles.

Geraldine Thomas is an attachment researcher, filial therapist and an attachment based psychodynamic play therapist in private practice. She is an associate researcher with CATS (Centre for Abuse and Trauma Studies) and a certified Filial Instructor with The Family Enhancement and Play Therapy Centre. She worked for many years in CAHMS and continues to work as a consultant to Children and Family Services, to LAC services and to schools in West London. Geraldine has written chapters on Assessment of Adult Attachment Style and on Filial and Play Therapy in several handbooks and manuals. She is also the co-author of 'Understanding Adult Attachment Style, Research, Assessment and Intervention' with Professor Antonia Bifulco. Her clinical work is informed and guided by attachment theory and she works with adult attachment style to aid therapeutic progress in children.

Trains from: Victoria/Waterloo/Canada Water to Clapham Junction.

**Buses: from Clapham Junction via St John Hill and Plough Road 295 and C3,
from Victoria 44 and 170 to York Road.**

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Fee: **£25** Non-Members, **£20** Members, Concessions: **£15**

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